

# Questions to ask your healthcare professional about Mirena



Ready to ask your healthcare professional about Mirena®? They can help you understand all your birth control options and discuss whether Mirena is right for you.

Select the questions you'd like to ask about Mirena from the list below and bring it to your next appointment.

## How Mirena works

- How does Mirena work?
- Does Mirena start working right away?
- How well does Mirena work?

## My period after Mirena

- Will my periods change once I get Mirena?
- What if I stop getting my period after I get Mirena?
- Are there any other side effects or risks with Mirena I should know about?
- What if I need help with my heavy periods for more than 5 years?

## Pregnancy

- Will I be able to get pregnant even though I have Mirena?
- What if I want birth control for more than 7 years?
- Can I try to get pregnant as soon as Mirena is removed?
- Can I use Mirena while breastfeeding?
- How soon can I get Mirena after having a baby?

## INDICATION FOR MIRENA (levonorgestrel-releasing intrauterine system) 52 mg

Mirena® (levonorgestrel-releasing intrauterine system) is a hormone-releasing IUD that prevents pregnancy for up to 7 years. Mirena also treats heavy periods for up to 5 years in women who choose intrauterine contraception.

## IMPORTANT SAFETY INFORMATION FOR MIRENA

- If you have an untreated genital infection, get infections easily, or have certain cancers, don't use Mirena. Less than 1% of users get a serious pelvic infection called pelvic inflammatory disease (PID).
- If you have persistent pelvic or stomach pain, or excessive bleeding after placement, tell your healthcare professional (HCP). If Mirena comes out, call your HCP and avoid intercourse or use non-hormonal back-up birth control (such as condoms or spermicide). Mirena may go into or go through the wall of the uterus and cause other problems.
- Pregnancy while using Mirena is uncommon but can be life threatening and may result in loss of pregnancy or fertility.
- Ovarian cysts may occur but usually disappear.
- Bleeding and spotting may increase in the first 3 to 6 months and remain irregular. Periods over time usually become shorter, lighter, or may stop.

*Mirena does not protect against HIV or STIs.*

Only you and your HCP can decide if Mirena is right for you.

Mirena is available by prescription only.

For important risk and use information, please click [here](#) for Full Prescribing Information.

You are encouraged to report negative side effects or quality complaints of prescription drugs to the FDA.

Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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## Mirena placement

- How is Mirena placed?
- How long does it take to get Mirena?
- What does placement feel like?
- How should I prepare for my placement appointment?
- Will I be able to go back to work/school after my placement appointment?

## After placement

- Will I feel Mirena after it is placed?
- How will I know that Mirena is still in place?
- Can Mirena fall out?
- How often after getting Mirena should I come back to see you?

